



Cem Young

Los Angeles, CA 90013

8188446376

Cembeyler@gmail.com

WWW: Bold Profile

Websites, Portfolios, Profiles

- LinkedIn Profile

SKILLS

TECHNICAL

- Physical Therapy & Fitness Evaluation
- Biomechanic Analysis
- Rehab & Exercise Prescription
- Medical Translation
- Video Editing
- EMR clinical documentation
- Orthopedic Conditions

CLINICAL

- Performing Arts Conditions
- Acute Care Protocols
- Performance Testing & Enhancement
- Rehabilitation Protocols
- Injury Prevention

Aspiring physical therapist with a background in dance, personal training, kinesiology. Pursuing a DPT degree to restore movement, function, and performance in individuals including dancers and athletes.

EDUCATION

Azusa Pacific University at Azusa, CA

Doctor of Physical Therapy Expected in January 2026

In Progress

California State University at Long Beach, CA

Bachelor of Arts in Exercise Science January 2024

Los Angeles City College at Los Angeles, CA

Associate of Arts in Kinesiology January 2022

Los Angeles City College at Los Angeles, CA

Associate of Arts in Business Administration & Marketing January 2016

Experience

Intern

Elite OrthoSport Physical Therapy and Performance, Los Angeles, CA

August 2025 - October 2025

Outpatient Orthopedics Rotation

- Managed cases including post-op ACL reconstruction, rotator cuff tendinopathy, lumbar radiculopathy, and knee and hip osteoarthritis, along with various other general orthopedic and sports-related conditions.
- Performed patient evaluations, therapeutic exercise prescription, manual therapy interventions, and patient education under direct PT supervision.
- Managed approximately 50% of a full outpatient caseload by the end of the rotation.

Translator

Trust Me Ed, Los Angeles, CA

2021 - 2022

- Translated medical documents, patient education materials, and online course content.
- Facilitated communication between Turkish-speaking clients and English-speaking staff.
- Contributed to the delivery of high-quality, evidence-based educational content for healthcare professionals.

Certified Personal Trainer

Equinox Downtown, Los Angeles, CA

2018 - 2022

- Coached clients with varying fitness levels and generated revenue through personal training package sales.
- Designed individualized training programs and educated clients on proper lifting techniques.
- Collaborated with physical therapists on training programs for clients transitioning from rehab.

INTERPERSONAL

- Client Coaching
- Cross-cultural Communication
- Team Collaboration
- Customer Service
- Public Speaking
- Leadership

LANGUAGES

English: Proficient
Turkish: Native

Professional Dancer

McDonald Selznick Associates, Los Angeles, CA 2016 - 2018

- Performed in a variety of commercial, theatrical, and live entertainment productions.
- Choreographed performances for music videos, commercials, and live productions.
- Built strong interpersonal skills through collaboration with dancers and production team members.

Assistant Manager/Server

Blossom Vietnamese Cuisine, Los Angeles, CA 2016 - 2018

- Served food and beverages, maintained cleanliness, and ensured customer satisfaction.
- Managed inventory, payroll, and sales reports for the general manager.

CERTIFICATIONS & MEMBERSHIPS

- CPR Certification (Valid through 01/2027)
- American Physical Therapy Association (APTA)
- California Physical Therapy Association (CPTA)
- The National Academy of Sports Medicine (NASM): 2025

Community Service & Volunteer Work

- Zenith Performance Physical Therapy, Volunteer, Los Angeles, CA, 2022, 2024,
- Volunteered at a cash-based physical therapy clinic focusing on performance and rehabilitation., Observed patient assessment, evaluation, and treatment for orthopedic conditions., Assisted PTs with patient check-in, equipment setup, and maintaining treatment areas.
- Keck Medicine of USC Hospital, Volunteer, Los Angeles, CA, 2022, 2024
- Observed PT treating patients with medical conditions across various hospital units., Gained exposure to acute care physical therapy protocols for post-surgical, neurological, and cardiopulmonary patients., Assisted physical therapy aides with patient transport, equipment preparation, and basic care tasks.

INTERESTS

Personal: Dancing, Weightlifting, Health & Fitness, Professional: Out-of-network/outpatient physical therapy with a focus on performance, specializing in weightlifters and dancers